

THAYER PUBLIC LIBRARY
798 WASHINGTON ST.
BRAINTREE, MA 02184



www.ThayerPublicLibrary.org

brref@ocln.org

781-848-0405

The Library is located
directly across from
Town Hall.

Winter Hours

Monday - Thursday

9:00 AM - 9:00 PM

Friday and Saturday

9:00 AM - 5:00 PM

The Library will be
closed
Monday, January 16th
for
Martin Luther
King Jr. Day

*A library could show you
everything if you knew
where to look.
— Pat Conroy*



Charles C. Kokoros
Mayor

Library Connections

The Newsletter of Thayer Public Library

JANUARY 2023

Mass Center for the Book 2023 Reading Challenge

Are you looking for a fun, unique reading challenge to take on in 2023? We have you covered with the Massachusetts Center for the Book 2023 Reading Challenge!

All you have to do is:

- Sign up at www.massbook.org/readingchallenge.
- Choose a book that fits the monthly challenge.
- After you read, fill out the form about the book.



If you read at least one book, you will be invited to a year-end celebration hosted by Mass Center for the Book.

If you read a book in each of the 12 months, you will be entered in a drawing to win one of two totes filled with books and Massachusetts goodies.

Stress Relief with EFT Tapping

Yoga and Mindfulness instructor Jennifer Lynn, owner of Nurtured Roots, will present two workshops this month on the basics of EFT Tapping for adults and teens. The sessions will be held on **Tuesday, January 17th from 6:30 pm to 7:30 pm** and **Saturday, January 21st from 9:15 am to 10:15 am in Logan Auditorium**. Choose the session that is best for you.

Reduce your Stress with an easy-to-learn technique called EFT Tapping. EFT stands for Emotional Freedom Technique and it can be done anywhere, by anyone. Scientific studies have shown the effectiveness of tapping in reducing stress and anxiety.

Each session is limited to 20 people and **registration is required**. Register online through the Event Calendar, in person at the Reference Desk or over the phone at 781-848-0405, ext. 4417.



New Year, New Opportunities!

Thayer Public Library can help you achieve your goals for 2023! All you need is the internet and your library card to access a multitude of databases. Visit www.thayerpubliclibrary.org/databases-alphabetical to see resources we offer.

Are career changes part of your plan? Try Peterson's Career Prep or the Vocation and Career Center for career guides, resume and cover letter help and more.

Looking to get healthier in 2023? Find health and fitness magazines in Overdrive and be sure to check out the Health and Wellness database.

Get your finances in shape. Research investments using Morning Investment Research Center and Valueline. And don't forget to check out the personal finance books from Overdrive and Hoopla.

We Need Your Input



In conjunction with the Town of Braintree's Master Plan, Thayer Public Library needs to plan for the future, too!

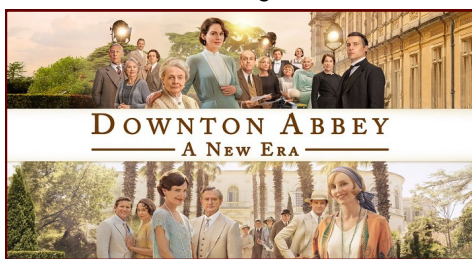
The library is forming a Strategic Planning Committee to chart a path for the library's next five years, and is asking community members to help craft a plan that will ensure the library meets the needs of the community.

The commitment would be to attend two meetings (no more than two hours each) near the start of the planning process (January to

March), and a final meeting (2-3 hours) towards the end (April to May). Meetings will be facilitated by an outside consultant. Some or all of the meetings may be virtual or offer a virtual option.

If you are interested in learning more about possibly serving on the Strategic Planning Committee, please contact Laurie Cavanaugh, Assistant Library Director, at lcavanaugh@braintreema.gov or 781-848-0405 x4418.

January Movies on the Big Screen



Newly Released Movie. Each month we show a newly released on DVD movie on the library's big screen! Join us this month on **Wednesday, January 3rd** for a showing of *Downton Abbey: A New Era*.

The first showing is at 2:00 pm and the second showing at 6:30 pm in Logan Auditorium on the Upper Level of the library.

Bookended by a wedding and a funeral and in between, a good deal happens: Babies are born and paternities questioned, long-simmering romances clinched and fresh ones set to bloom; an excursion takes a fraction of the family to France to uncover the mystery of the Dowager Countess' newly inherited villa, while a film crew keeps the rest of them busy back home. Join all your favorites from the cast in the New Era.

Carnival Films ~ Runtime: 2 hours, 4 mins. ~ Rated: PG

Favorite Oldies Movie. Join us in **Logan Auditorium on Wednesday, January 18th at either 2:00 pm or 6:30 pm** for a showing of *The Greatest Show on Earth*, a Best Picture Award winning 1952 classic.

To ensure a full, profitable season, circus manager Brad Braden engages The Great Sebastian, even though this moves his girlfriend Holly from her hard-won center trapeze spot. Holly and Sebastian begin a dangerous one-upmanship duel in the ring, while he pursues her on the ground. Subplots involve the secret past of Buttons the Clown and the efforts of racketeers to move in on the game concessions. This dazzling spectacle of life behind the scenes with Ringling Bros.-Barnum and Bailey Circus, the best three-ring circus in the land, celebrates the extravagant three-ring circus and depicts the passionate scenes of love and jealousy behind the greatest show on Earth.

Paramount Pictures ~ 2 hours, 32 minutes ~ NR

Admission is limited to the first 100 people. Both movie programs are intended for adult audiences.

The movies are presented by the generous funding of The Friends of Thayer Public Library.



Lunar New Year Drop-In Craft: Year of the Rabbit



Stop in to the **Children's Room anytime between 11:00 am and 8:00 pm on Wednesday, January 18th; 10:00 am to 8:00 pm on Thursday, January 19th; or from 2:00 pm to 4:30 pm on Friday, January 20th**, to make an easy "Year of the Rabbit" Craft to celebrate Lunar New Year.

Email us at brchildrens@ocln.org or call the Children's Room at 781-848-0405 ext. 4425 with any questions.